


Aspendale Gardens  
Community Service


# ACTIVITIES BROCHURE

## TERM 1 2026



# WELCOME TO ASPENDALE GARDENS COMMUNITY SERVICE!

 103-105 Kearney Drive  
Aspendale Gardens

 9587 5955

 [enquiries@agcsinc.org.au](mailto:enquiries@agcsinc.org.au)

 [www.agcsinc.org.au](http://www.agcsinc.org.au)

 [facebook.com/AGCSinc](https://facebook.com/AGCSinc)

 [@agcs\\_aspendalegardens](https://www.instagram.com/agcs_aspendalegardens)

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## Office Hours

Mondays: 9.00am - 12.00pm

Tuesdays: 9.00am - 2.00pm

Wednesday, Thursday,

Friday: 9.00am - 3.00pm

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## Term 1, 2026 Dates

Term 1, 2026:

Tuesday 27<sup>th</sup> January -

Thursday 2<sup>nd</sup> April

School Holidays:

Saturday 4<sup>th</sup> April -

Sunday 19<sup>th</sup> April

Office Closure:

January 23<sup>rd</sup>, January 26<sup>th</sup>

& Friday 3<sup>rd</sup> April



*AGCS would like to acknowledge the Traditional Custodians of the land on which we operate, the Bunurong people of the Kulin nation, and pay our respects to their Elders past and present.*

## **Monday**

### **Zumba Gold**

9.30am - 10.15am

### **Probus Club**

9.30am - 12.30pm

### **Gymbaroo**

9.30am - 2.15pm

## **Wednesday**

### **Adult Art Classes**

10.00am, 6.30pm

### **Over 55s Exercise**

2.00pm - 3.00pm

### **O'Grady Drama Classes**

4.00pm - 6.00pm

### **Dads' Casual Basketball**

8.00pm - 9.30pm

## **Friday**

### **Messy Play**

9.15am - 10.15am

### **Chatty Cafe**

10.30am - 11.30am

## **Tuesday**

### **Playgroup**

9.30am - 11.00am

### **Knit One Give One**

12.30pm - 2.00pm

## **Thursday**

### **Playgroup**

9.30am - 11.00am

### **Gymbaroo**

9.15am - 2.30pm

### **Craft with Friends**

10.30am - 12.30pm

### **Junior Giants**

4pm - 4.45pm

### **Zumba**

7.00pm - 7.45pm

## **Saturday**

### **Dance School**

9.30am - 11.00am

### **Dads' Playgroup**

9.30am - 11.00am

## **Sunday**

### **Walking Football**

5.00pm - 6.00pm

*(Check brochure & website for specific dates)*

# SPECIAL EVENTS



**ALL BOOKINGS  
& MORE INFO:**  
[www.agcsinc.  
org.au/events](http://www.agcsinc.org.au/events)

## SCHOOL HOLIDAYS BASKETBALL CLINICS

**Monday 19<sup>th</sup> January &  
Tuesday 20<sup>th</sup> January  
9.00am - 1.15pm  
\$10**

Children aged 6-11 years old



**BOOKINGS  
ESSENTIAL**

Practice basic ball handling skills, shooting, playing & learning from a professional basketball player.

Days & times for 6-8 year olds:

- Monday 19<sup>th</sup> January,  
9.00am - 10.00am
- Tuesday 20<sup>th</sup> January,  
11.15am - 12.15pm

Days & times for 9-11 year olds:

- Monday 19<sup>th</sup> January,  
10.00am - 11.00am
- Tuesday 20<sup>th</sup> January,  
12.15pm - 1.15pm

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## DADS PLAYGROUP PARTY

**Saturday 31<sup>ST</sup> January, 9.45am -  
10.45am**

**FREE**

Dads & dad-like figures & children  
aged 0 - 6 years old

We're running a special Dad's Playgroup Event to launch 2026! Amazing Kids Parties will run 60 minutes of fun toddler friendly games incorporating bubbles, parachute activities, story time and much more.

**BOOKINGS ESSENTIAL.**



## CHILDREN'S ACTIVITIES

### YOUNG CHILDREN

## PLAYGROUP

**Tuesday 9.30am - 11.00am**

**Thursday 9.30am - 11.00am**

Term 1, 2026: 13th January -  
2nd April

\$7 / per session / per family

Ages 6 months to 5 years old



**ALL BOOKINGS  
& MORE INFO:**  
[www.agcsinc.  
org.au/children](http://www.agcsinc.org.au/children)

For children to learn and develop through play! The fun involves playdough, drawing, water, storytelling & more!

**Parents/guardians required to stay. No bookings required.**

## MESSY PLAY

**Friday 9.15am - 10.15am**

Term 1, 2026: 30th January -  
27th March

\$10 / per session / per child

Ages 1 to 5 years old

Sensory & open-ended play time, filled with messy, interesting materials to play with. All the benefits of mess, without the clean-up at home!

**Parents/guardians required to stay. Bookings required.**

## DADS' PLAYGROUP

**Saturday 9.30am - 11.00am**

Term 1, 2026: 31st January -  
28th March

**FREE**

Ages 6 months to 5 years old

For dads & dad-like figures

Dads' Playgroup has all the fun of regular playgroup, and is for dads and dad-like figures to have fun & find a community with other local dads.

**Parents/guardians required to stay. No bookings required.**

## KIDS SPORTS

# JUNIOR GIANTS BASKETBALL

**Thursday 4pm - 4.45pm**

Term 1, 2026: 29th January - 2nd April

\$160 / 10 sessions / per term

Ages 5 to 7 years old

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Junior Giants is a basketball skills development program for pre-club aged children to learn to dribble, shoot, throw, catch & have fun!

**Parents/guardians required to stay. Bookings required.**

# GIANTS BASKETBALL

**Training & Competitions  
Various Times**

Various fees including \$255 club fee / per season

Ages 7 - 23 years old

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Aspendale Gardens Giants Basketball Club trains and plays basketball games competitively, with the Southern Basketball Association. **Visit [www.agcsinc.org.au/basketball](http://www.agcsinc.org.au/basketball) for all information.**

## EXTERNAL PROVIDERS

**Bookings & facilitation not provided by AGCS.**

# O'GRADY DRAMA

**Wednesday 4.00pm - 6.00pm**

\$230 / term

Ages 5 - 18 years old

O'Grady Drama's inclusive program aims to build confidence, communication skills, and creative talents in children while they learn about drama and have lots of fun!

Visit: [ogradydrama.com.au](http://ogradydrama.com.au)

# GYMBAROO CLASSES

**Monday 9.30am - 2.15pm**

**Thursday 9.15am - 2.30pm**

\$29 / week / per term

Ages 6 weeks to 3.5 years old

GymbaROO is a parent/child education program run by qualified teachers, enabling parents to be actively involved in their child's development.

Visit: [gymbaroo.com.au](http://gymbaroo.com.au)

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# LE PAPILLON DANCE SCHOOL

**Saturdays 9am - 1.45pm**

Starting in February.

Learn dance from a former professional ballerina, qualified primary school & dance teacher. For more information email:

[lepapillon.chloe@gmail.com](mailto:lepapillon.chloe@gmail.com)

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## ADULT'S ACTIVITIES

### ARTS & CRAFTS

# KNIT ONE GIVE ONE

**Tuesday 12.30pm - 2.00pm**

Term 1, 2026: 13th January -  
31st March

**FREE**



**ALL BOOKINGS  
& MORE INFO:  
[www.agcsinc.  
org.au/adult](http://www.agcsinc.org.au/adult)**

Knit One Give One (KOGO) knit and crochet items for disadvantaged families. Come along to meet new people & have a chat.

**No experience required & all materials provided. No Bookings required.**

# ADULT ART CLASSES

**Wednesday 10.00am - 12.00pm**  
**OR 6.30pm - 8.30pm**

Term 1, 2026: 4th February -  
11th March  
\$155 / 6 sessions

Explore different artistic mediums including charcoal, acrylics, watercolours, pastels & more. Taught by experienced artist Lee Cummins.

**All materials provided.**  
**Bookings required.**

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# CRAFT WITH FRIENDS

**Thursday 10.30am - 12.30pm**

Term 1, 2026: 15th January -  
2nd April

**FREE**

Bring your arts & craft project to our cozy space and work alongside other local crafters & artists.

**Bring your own materials.**  
**No Bookings required.**

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# CHATTY CAFE



**Friday 10.30am - 11.30am**

Term 1, 2026: 6th February, 20th  
February, 6th March, 20th March  
Voluntary Gold Coin Donation

Enjoy some coffee, tea & light refreshments. Chat to other locals & meet new people!

## FITNESS & SPORT

# DADS' CASUAL BASKETBALL

**Wednesdays 8.00pm - 9.30pm**

Term 1, 2026: 21st January -  
1st April

**FREE**

For dads & dad-like figures

A social (non-competitive) basketball program where dads (and other dad-like figures) can come along and shoot some hoops in our indoor basketball stadium.

**No bookings required.**

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# ZUMBA

**Thursday 7.00pm - 7.45pm**

Term 1, 2026: 29th January -  
2<sup>nd</sup> April

\$11 / per session OR

\$99 / 10 sessions (one session  
free!)

Zumba is a group fitness program based on dance! Experienced instructor Michelle will help you exercise while having fun.

**No bookings required.**

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# ZUMBA GOLD

**Monday 9.30am - 10.15am**

Term 1, 2026: 2nd February -  
30th March

\$11 / per session OR

\$99 / 10 sessions (one session  
free!)

Zumba Gold is a fun group fitness program based on dance, but at a lower intensity. Can be done from a seated position.

**No bookings required.**

## EXTERNAL PROVIDERS

**Bookings & facilitation not provided by AGCS.**



**MORE INFO:**  
**[www.agcsinc.org.au/adult](http://www.agcsinc.org.au/adult)**

## PROBUS CLUB

**Third Monday of the Month**  
**9.30am - 12.30pm**

\$30 / joining fee, \$60 / year  
Retired / semi-retired seniors

Aspendale Probus Club meets monthly on the 3rd Monday of the month. We also organise social get togethers, including Trips and Outings, lunches and other activities  
Visit; [probussouthpacific.org](http://probussouthpacific.org)

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## OVER 55s EXERCISE

**Wednesday 2.00pm - 3.00pm**

Casual payments and packages  
Ages over 55 years old  
Bookings essential, through  
Back In Motion

The over 55's exercise class is targeted at improving strength, balance and falls prevention, mobility, and cardio endurance. Run by licensed physiotherapists from Back in Motion.  
Visit: [backinmotion.com.au](http://backinmotion.com.au) or call 9580 1985.

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## KINESIOLOGY CLASSES

**Saturdays, Various Times**

Adults aged 16 years and older

Learn Emotions and Metaphysical Kinesiology (EMK) and become an EMK Practitioner in under 10 months. Visit:  
[ash@soulalignedkinesiology.com.au](mailto:ash@soulalignedkinesiology.com.au)



# WALKING FOOTBALL 4 HEALTH

**Sundays, 5.00pm - 6.00pm**

\$5 / per session

All ages

Walking Football is a modified version of Soccer played in a safe, fun, family friendly environment. It is suitable for all regardless of age, gender, culture or ability.

## RECYCLING & DONATIONS

Please drop off any recyclables or donations during our office hours.

### SOFT PLASTICS RECYCLING

Drop off any soft plastics (if you can scrunch the plastic into a ball) for recycling.

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### CONTAINER DEPOSIT SCHEME

We are a collection point for the 10c Refund Scheme! Download the app & count your containers beforehand. Please note we only accept up to 150 items & no cash refunds.

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## DONATIONS

We accept the following items for donations:

- 8ply wool for our knitting & crocheting group
- Hard toys (including musical instruments, cars & puzzles) for our playgroup & messy play sessions.
- Unused disposable nappies, redistributed by The Nappy Collective.
- Old glasses or hearing aids, distributed by Lions International.
- Children's books, redistributed by 123Read2Me.

## VENUE HIRE

We have a range of rooms and spaces available for casual and permanent venue hire! The spaces available for hire include our hall, meeting rooms, kitchen & outdoor garden.



**BOOK A SPACE:**  
**[www.agcsinc.org.au/venue-hire](http://www.agcsinc.org.au/venue-hire)**



## FUNDERS & SPONSORS

We'd like to thank our 2026 funders & sponsors for their support of our Centre and Giants Basketball Team.

### Funders

