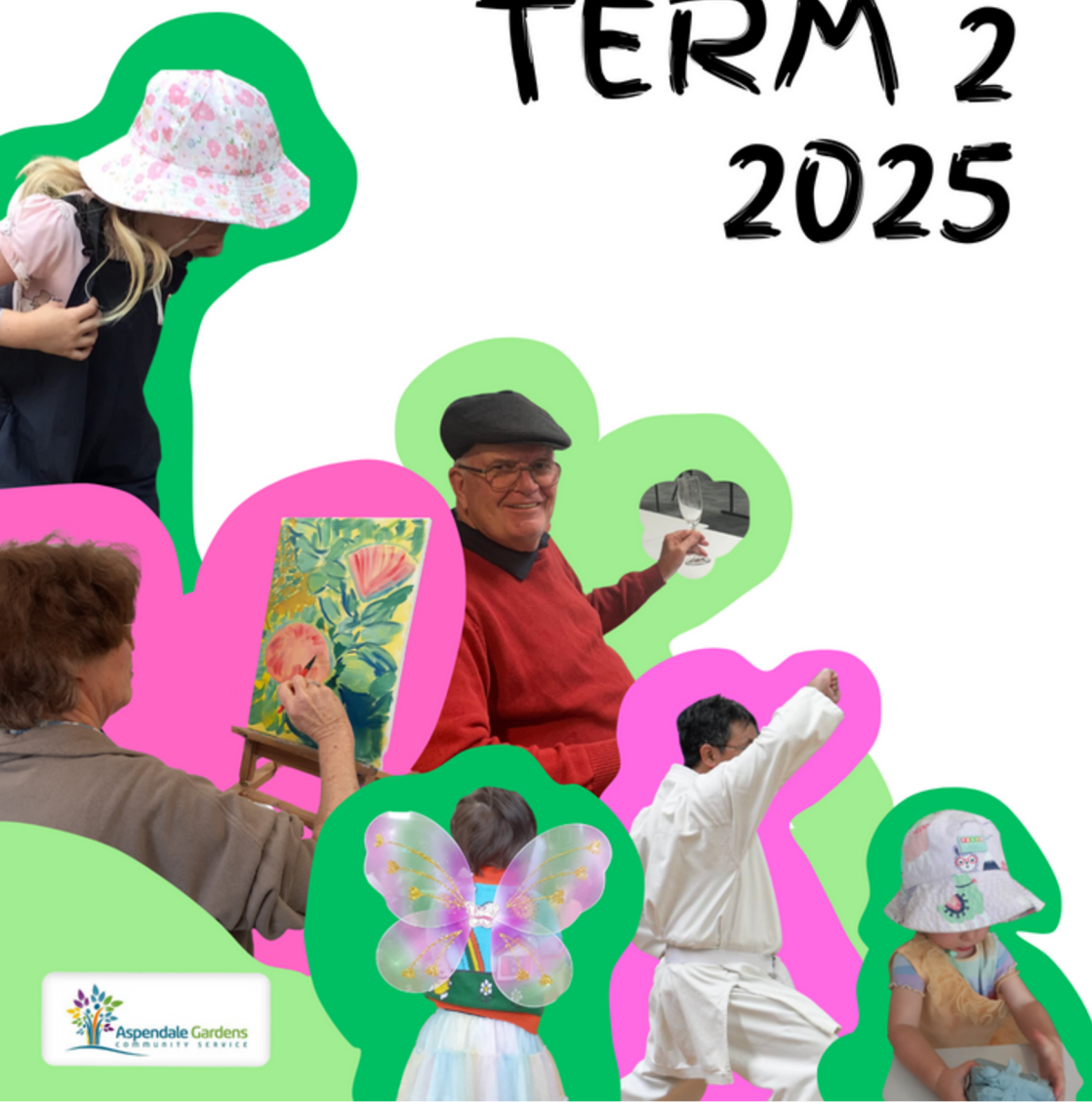



Aspendale Gardens  
Community Service


# ACTIVITIES BROCHURE

## TERM 2 2025



# WELCOME TO ASPENDALE GARDENS COMMUNITY SERVICE!

 103-105 Kearney Drive  
Aspendale Gardens

 9587 5955

 [enquiries@agcsinc.org.au](mailto:enquiries@agcsinc.org.au)

 [www.agcsinc.org.au](http://www.agcsinc.org.au)

 [facebook.com/AGCSinc](https://facebook.com/AGCSinc)

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## Office Hours

Mondays 9.00am - 12.00pm

Tuesdays 9.00am - 2.00pm

Wednesday, Thursday,

Friday 9.00am - 3.00pm

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## Term 2 Dates

### Term 2:

Tuesday 22nd April - Friday

6th July

### Term 2 School Holidays:

Monday 7th July - Sunday

20th July

### Term 2 office Closures:

Friday 25th April

Monday June 9th



AGCS would like to acknowledge the Traditional Custodians of the land on which we operate, the Bunurong people of the Kulin nation, and pay our respects to their Elders past and present.

# AGCS PROGRAM CALENDAR

## Monday

### **Zumba Gold**

9.30am - 10.15am

### **Probus Club**

10.00am

## Wednesday

### **Adult Art Classes**

10.00am or 6.30pm

### **Over 55s Exercise**

2.00pm - 3.00pm

### **O'Grady Drama Classes**

4.00pm - 6.00pm

### **Karate**

6.30 pm - 7.30pm

### **Dads' Casual Basketball**

8.00pm - 9.30pm

## Friday

### **Messy Play**

10.15am - 11.15am

## Tuesday

### **Playgroup**

9.30am - 11.00am

### **Knit One Give One**

12.30pm - 2.00pm

## Thursday

### **Playgroup**

9.30am - 11.00am

### **Gymbaroo**

9.15am - 2.30pm

### **Morning Craft**

10.30am - 12.30pm

### **Zumba**

7.00pm - 7.45pm

### **Junior Giants**

4pm - 4.45pm

## Saturday

### **Karate**

2.30 pm - 3.30pm

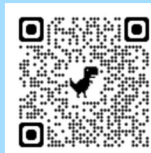
### **Dads' Playgroup**

9.30am - 11am

***Check below & on our website for detailed information on all dates.***

## CHILDREN'S ACTIVITIES

### YOUNG CHILDREN



**ALL BOOKINGS  
& MORE INFO:**  
[www.agcsinc.  
org.au/children](http://www.agcsinc.org.au/children)

## PLAYGROUP

**Tuesday 9.30am - 11.00am**

**Thursday 9.30am - 11.00am**

Term 2: 22nd April - 17th July

\$7 / per session / per family

Ages 6 months to 5 years old

For children to learn and develop through play! The fun involves playdough, drawing, water, storytelling & more!

**Parents/guardians required to stay. No bookings required.**

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## MESSY PLAY

**Friday 10.15am - 11.15am**

Term 2: 2nd May - 18th July

\$16 / per session / per child

Ages 1 to 5 years old

Sensory & open-ended play time, filled with messy, interesting materials to play with. All the benefits of mess, without the clean-up at home!

**Parents/guardians required to stay. Bookings required.**

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## DADS' PLAYGROUP

**Saturday 9.30am - 11.00am**

Term 2: 3rd May, 17th May, 31st

May, 14th June, 28th June

Ages 6 months to 5 years old

For dads & dad-like figures

**FREE**

Dads' Playgroup has all the fun of regular playgroup, and is for dads and dad-like figures to have fun & find a community with other local dads.

**Parents/guardians required to stay. No bookings required.**



## CHILDREN'S SPORTS

# JUNIOR GIANTS BASKETBALL

**Thursday 4pm - 4.45pm**

Term 2: 24th April - 3rd July

\$176 / 11 sessions / per term

Ages 5 to 6 years old

Junior Giants is a basketball skills development program for pre-club aged children to learn to dribble, shoot, throw, catch & have fun!

**Parents/guardians required to stay. Bookings required.**

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# GIANTS BASKETBALL

**Training & Competitions**

**Various Times Throughout The Week**

Various fees including \$255 club fee / per season

Ages 7 - 23 years old

Aspendale Gardens Giants Basketball Club trains and plays basketball games competitively, with the Southern Basketball Association. **Visit [www.agcsinc.org.au/basketball](http://www.agcsinc.org.au/basketball)**

**for all information.**

## EXTERNAL PROVIDERS

**Bookings & facilitation not provided by AGCS.**



**MORE INFO:**  
[www.agcsinc.org.au/children](http://www.agcsinc.org.au/children)

# O'GRADY DRAMA CLASSES

**Wednesday 4.00pm - 6.00pm**

\$230 / term

Ages 5 - 18 years old

O'Grady Drama's inclusive program aims to build confidence, communication skills, and creative talents in children while they learn about drama and have lots of fun!

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# GYMBAROO CLASSES

**Thursday & Friday**

**Sessions from 9.15am - 2.30pm**

\$29 / week / per term

Ages 6 weeks to 3.5 years old

GymbaROO is a parent/child education program run by qualified teachers, enabling parents to be actively involved in their child's development.

## ADULT'S ACTIVITIES

### ARTS & CRAFTS



**ALL BOOKINGS  
& MORE INFO:**  
[www.agcsinc.org.au/adult](http://www.agcsinc.org.au/adult)

## KNIT ONE GIVE ONE

**Tuesday 12.30pm - 2.00pm**

Term 2: 22nd April - 15th July  
FREE

Knit One Give One (KOGO) knit and crochet items for disadvantaged families. Come along to meet new people & have a chat.

**No experience required & all materials provided. No Bookings required.**

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## ADULT ART CLASSES

**Wednesdays 10.00am - 12.00pm  
OR 6.30pm - 8.30pm**

Term 2: 30th April - 4th June  
\$155 / 6 sessions

Explore different artistic mediums including charcoal, acrylics, watercolours, pastels & more. Taught by experienced artist Lee Cummins.

**All materials provided. Bookings required.**

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## CRAFT WITH FRIENDS

**Thursday 10.30am - 12.30pm**

Term 2: 24th April - 17th July  
FREE

Bring your arts & craft project to our cozy space and work alongside other local crafters & artists.

**Bring your own materials. No Bookings required.**

## FITNESS & SPORT

# ZUMBA GOLD

**Monday 9.30am - 10.15am**

Term 2: 21st April - 30th June

\$11 / per session

Zumba Gold is a fun group fitness program based on dance, but at a lower intensity. Can be done from a seated position.

**No bookings required.**

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# KARATE

**Wednesday 6.30pm - 7.30pm**

**Saturday 2.30pm - 3.30pm**

Term 2: 23rd April - 5th July

\$150 / per term, \$70

membership / year, family prices available.

Ages 6 - 65 years old

Learn 'true karate', taught by Andrew, a globally accredited instructor with over 30 years of experience. Affiliated with the Japan Karate Association.

**Bookings required.**

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# DADS' CASUAL BASKETBALL

**Wednesdays 8.00pm - 9.30pm**

Term 2: 23rd April - 2nd July

**FREE**

For dads & dad-like figures

A social (non-competitive) basketball program where dads (and other dad-like figures) can come along and shoot some hoops in our indoor basketball stadium.

**No bookings required.**

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# ZUMBA

**Thursday 7.00pm - 7.45pm**

Term 2: 24th April - 3rd July

\$11 / per session

Zumba is a group fitness program based on dance! Experienced instructor Michelle will help you exercise while having fun.

**No bookings required.**

## EXTERNAL PROVIDERS

**Bookings & facilitation not provided by AGCS.**



**MORE INFO:**  
**[www.agcsinc.org.au/adult](http://www.agcsinc.org.au/adult)**

## PROBUS CLUB

**Monthly Mondays 10.00am**

\$30 / joining fee, \$60 / year

Retired / semi-retired seniors

Aspendale Probus Club meets monthly on the 3rd Monday of the month. We also organise social get togethers, including Trips and Outings, lunches and other activities

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## OVER 55s EXERCISE

**Wednesday 2.00pm - 3.00pm**

Casual payments and packages

Ages over 55 years old

The over 55's exercise class is targeted at improving strength, balance and falls prevention, mobility, and cardio endurance.

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## KINESIOLOGY CLASSES

**Saturdays, Various Times**

\$800 / weekend course

Adults aged 16 years and older

Learn Emotions and Metaphysical Kinesiology (EMK) and become an EMK Practitioner in under 10 months.

## RECYCLING & DONATIONS

Please drop off any recyclables or donations during our office hours.

### **SOFT PLASTICS RECYCLING**

You can drop off any soft plastics (if you can scrunch the plastic into a ball) for recycling through the City of Kingston.

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### **CONTAINER DEPOSIT SCHEME**

We are a collection point for the 10c Refund Scheme! Download the app & count your containers before you come in. Please note we only accept up to 150 items & no cash refunds. You can also nominate AGCS as a charity donation recipient!

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### **NAPPY DONATIONS**

In partnership with the Nappy Collective, we collect your leftover, unused disposable nappies across Australia and divert them to families in crisis.

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### **CHILDRENS BOOK DONATIONS**

We're a collection point for 123Read2Me, who give free, unwanted and donated books to the Aussie kids who need them.



## VENUE HIRE

We have a range of rooms and spaces available for casual and permanent venue hire! The spaces available for hire include our hall, meeting rooms, kitchen & outdoor garden.



**BOOK A SPACE:**  
**[www.agcsinc.org.au/venue-hire](http://www.agcsinc.org.au/venue-hire)**



## OUR SPONSORS

We'd like to thank our 2025 sponsors for their support of our Centre and Giants Basketball Team.

### Funders



### Sponsors

