


Aspendale Gardens
Community Service


ACTIVITIES BROCHURE

TERM 1 2026



WELCOME TO ASPENDALE GARDENS COMMUNITY SERVICE!

 103-105 Kearney Drive
Aspendale Gardens

 9587 5955

 enquiries@agcsinc.org.au

 www.agcsinc.org.au

 facebook.com/AGCSinc

 [@agcs_aspendalegardens](https://www.instagram.com/agcs_aspendalegardens)

Office Hours

Mondays: 9.00am - 12.00pm

Tuesdays: 9.00am - 2.00pm

Wednesday, Thursday,

Friday: 9.00am - 3.00pm

Term 1, 2026 Dates

End of Year Closure:

Saturday 23rd December -

Monday 12th January

Term 1, 2026:

Tuesday 27th January -

Thursday 2nd April

School Holidays:

Saturday 4th April -

Sunday 19th April

Public Holiday Closure:

January 26th & Friday 3rd
April



AGCS would like to acknowledge the Traditional Custodians of the land on which we operate, the Bunurong people of the Kulin nation, and pay our respects to their Elders past and present.

Monday

Zumba Gold

9.30am - 10.15am

Probus Club

9.30am - 12.30pm

Gymbaroo

9.30am - 2.15pm

Karate

7.00pm - 8.00pm

Wednesday

Adult Art Classes

10.00am, 6.30pm

Over 55s Exercise

2.00pm - 3.00pm

O'Grady Drama Classes

4.00pm - 6.00pm

Karate

6.30 pm - 7.30pm

Dads' Casual Basketball

8.00pm - 9.30pm

Friday

Messy Play

9.15am - 10.15am

Chatty Cafe

10.30am - 11.30am

Tuesday

Playgroup

9.30am - 11.00am

Knit One Give One

12.30pm - 2.00pm

Thursday

Playgroup

9.30am - 11.00am

Gymbaroo

9.15am - 2.30pm

Craft with Friends

10.30am - 12.30pm

Junior Giants

4pm - 4.45pm

Zumba

7.00pm - 7.45pm

Saturday

Karate

10.30am - 11.30am

Dads' Playgroup

9.30am - 11.00am

Sunday

Walking Football

5.00pm - 6.00pm

(Check brochure & website for specific dates)

SPECIAL EVENTS



**ALL BOOKINGS
& MORE INFO:**
[www.agcsinc.
org.au/events](http://www.agcsinc.org.au/events)

SCHOOL HOLIDAYS BASKETBALL CLINICS

**Monday 19th January &
Tuesday 20th January
9.00am - 1.15pm
\$10**

Children aged 6-11 years old



**BOOKINGS
ESSENTIAL**

Practice basic ball handling skills, shooting, playing & learning from a professional basketball player.

Days & times for 6-8 year olds:

- Monday 19th January,
9.00am - 10.00am
- Tuesday 20th January,
11.15am - 12.15pm

Days & times for 9-11 year olds:

- Monday 19th January,
10.00am - 11.00am
- Tuesday 20th January,
12.15pm - 1.15pm

DADS PLAYGROUP PARTY

**Saturday 31ST January, 9.45am -
10.45am**

FREE

Dads & dad-like figures & children
aged 0 - 6 years old

We're running a special Dad's Playgroup Event to launch 2026! Amazing Kids Parties will run 60 minutes of fun toddler friendly games incorporating bubbles, parachute activities, story time and much more.

BOOKINGS ESSENTIAL.

CHILDREN'S ACTIVITIES

YOUNG CHILDREN

PLAYGROUP

Tuesday 9.30am - 11.00am

Thursday 9.30am - 11.00am

Term 1, 2026: 13th January -
2nd April

\$7 / per session / per family

Ages 6 months to 5 years old



**ALL BOOKINGS
& MORE INFO:**
[www.agcsinc.
org.au/children](http://www.agcsinc.org.au/children)

For children to learn and develop through play! The fun involves playdough, drawing, water, storytelling & more!

Parents/guardians required to stay. No bookings required.

MESSY PLAY

Friday 9.15am - 10.15am

Term 1, 2026: 30th January -
27th March

\$10 / per session / per child

Ages 1 to 5 years old

Sensory & open-ended play time, filled with messy, interesting materials to play with. All the benefits of mess, without the clean-up at home!

Parents/guardians required to stay. Bookings required.

DADS' PLAYGROUP

Saturday 9.30am - 11.00am

Term 1, 2026: 31st January -
28th March

FREE

Ages 6 months to 5 years old

For dads & dad-like figures

Dads' Playgroup has all the fun of regular playgroup, and is for dads and dad-like figures to have fun & find a community with other local dads.

Parents/guardians required to stay. No bookings required.

JUNIOR GIANTS BASKETBALL

Thursday 4pm - 4.45pm

Term 1, 2026: 29th January -
2nd April

\$160 / 10 sessions / per term

Ages 5 to 7 years old

Junior Giants is a basketball skills development program for pre-club aged children to learn to dribble, shoot, throw, catch & have fun!

Parents/guardians required to stay. Bookings required.

GIANTS BASKETBALL

Training & Competitions

Various Times

Various fees including \$255
club fee / per season

Ages 7 - 23 years old

Aspendale Gardens Giants Basketball Club trains and plays basketball games competitively, with the Southern Basketball Association. **Visit www.agcsinc.org.au/basketball for all information.**

EXTERNAL PROVIDERS

Bookings & facilitation not provided by AGCS.



MORE INFO:
www.agcsinc.org.au/children

O'GRADY DRAMA

Wednesday 4.00pm - 6.00pm

\$230 / term

Ages 5 - 18 years old

O'Grady Drama's inclusive program aims to build confidence, communication skills, and creative talents in children while they learn about drama and have lots of fun!

Visit: ogradydrama.com.au

GYMBAROO CLASSES

Monday 9.30am - 2.15pm

Thursday 9.15am - 2.30pm

\$29 / week / per term

Ages 6 weeks to 3.5 years old

GymbaROO is a parent/child education program run by qualified teachers, enabling parents to be actively involved in their child's development.

Visit: gymbaroo.com.au

ADULT'S ACTIVITIES

ARTS & CRAFTS

KNIT ONE GIVE ONE

Tuesday 12.30pm - 2.00pm

Term 1, 2026: 13th January -
31st March

FREE



**ALL BOOKINGS
& MORE INFO:**
www.agcsinc.org.au/adult

Knit One Give One (KOGO) knit and crochet items for disadvantaged families. Come along to meet new people & have a chat.

No experience required & all materials provided. No Bookings required.

ADULT ART CLASSES

Wednesday 10.00am - 12.00pm

OR 6.30pm - 8.30pm

Term 1, 2026: 4th February -
11th March

\$155 / 6 sessions

Explore different artistic mediums including charcoal, acrylics, watercolours, pastels & more. Taught by experienced artist Lee Cummins.

All materials provided. Bookings required.

CRAFT WITH FRIENDS

Thursday 10.30am - 12.30pm

Term 1, 2026: 15th January -
2nd April

FREE

Bring your arts & craft project to our cozy space and work alongside other local crafters & artists.

Bring your own materials. No Bookings required.

CHATTY CAFE



Enjoy some coffee, tea & light refreshments. Chat to other locals & meet new people!

Friday 10.30am - 11.30am

Term 1, 2026: 6th February, 20th February, 6th March, 20th March
Voluntary Gold Coin Donation

FITNESS & SPORT

DADS' CASUAL BASKETBALL

Wednesdays 8.00pm - 9.30pm

Term 1, 2026: 21st January - 1st April

FREE

For dads & dad-like figures

A social (non-competitive) basketball program where dads (and other dad-like figures) can come along and shoot some hoops in our indoor basketball stadium.

No bookings required.

KARATE

Monday 7.00pm - 8.00pm

Wednesday 6.30pm - 7.30pm

Saturday 10.30am - 11.30am

Term 1, 2026: 2nd February - 1st April

\$150 / per term, \$70

membership / year, family prices available.

Ages 6 - 65 years old

Learn 'true karate', taught by Andrew, a globally accredited instructor with over 30 years of experience. Affiliated with the Japan Karate Association.

Bookings required.

ZUMBA

Thursday 7.00pm - 7.45pm

Term 1, 2026: 29th January -
2nd April

\$11 / per session OR

\$99 / 10 sessions (one session
free!)

Zumba is a group fitness
program based on dance!
Experienced instructor
Michelle will help you exercise
while having fun.

No bookings required.

ZUMBA GOLD

Monday 9.30am - 10.15am

Term 1, 2026: 2nd February -
30th March

\$11 / per session OR

\$99 / 10 sessions (one session
free!)

Zumba Gold is a fun group
fitness program based on
dance, but at a lower
intensity. Can be done from a
seated position.

No bookings required.

EXTERNAL PROVIDERS

**Bookings & facilitation not
provided by AGCS.**



MORE INFO:
[www.agcsinc.
org.au/adult](http://www.agcsinc.org.au/adult)

PROBUS CLUB

**Third Monday of the Month
9.30am - 12.30pm**

\$30 / joining fee, \$60 / year

Retired / semi-retired seniors

Aspendale Probus Club meets
monthly on the 3rd Monday of
the month. We also organise
social get togethers, including
Trips and Outings, lunches
and other activities
Visit; probussouthpacific.org

OVER 55s EXERCISE

Wednesday 2.00pm - 3.00pm

Casual payments and packages

Ages over 55 years old

Bookings essential, through

Back In Motion

The over 55's exercise class is targeted at improving strength, balance and falls prevention, mobility, and cardio endurance. Run by licensed physiotherapists from Back in Motion.

Visit: backinmotion.com.au or call 9580 1985.

KINESIOLOGY CLASSES

Saturdays, Various Times

Adults aged 16 years and older

Learn Emotions and Metaphysical Kinesiology (EMK) and become an EMK Practitioner in under 10 months. Visit: ash@soulalignedkinesiology.com.au

WALKING FOOTBALL 4 HEALTH

Sundays, 5.00pm - 6.00pm

\$5 / per session

All ages

Walking Football is a modified version of Soccer played in a safe, fun, family friendly environment. It is suitable for all regardless of age, gender, culture or ability.

RECYCLING & DONATIONS

Please drop off any recyclables or donations during our office hours.

SOFT PLASTICS RECYCLING

Drop off any soft plastics (if you can scrunch the plastic into a ball) for recycling.

CONTAINER DEPOSIT SCHEME

We are a collection point for the 10c Refund Scheme! Download the app & count your containers beforehand. Please note we only accept up to 150 items & no cash refunds.

DONATIONS

We accept the following items for donations:

- 8ply wool for our knitting & crocheting group
- Hard toys (including musical instruments, cars & puzzles) for our playgroup & messy play sessions.
- Unused disposable nappies, redistributed by The Nappy Collective.
- Old glasses or hearing aids, distributed by Lions International.
- Children's books, redistributed by 123Read2Me.

VENUE HIRE

We have a range of rooms and spaces available for casual and permanent venue hire! The spaces available for hire include our hall, meeting rooms, kitchen & outdoor garden.



BOOK A SPACE:
www.agcsinc.org.au/venue-hire



FUNDERS & SPONSORS


We'd like to thank our 2026 funders & sponsors for their support of our Centre and Giants Basketball Team.


Funders





ASPENDALE GARDENS COMMUNITY SERVICE


 103-105 Kearney Drive
Aspendale Gardens

 9587 5955

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