

Aspendale Gardens
Community Service

ACTIVITIES BROCHURE

TERM 1 2024



WELCOME TO ASPENDALE GARDENS COMMUNITY CENTRE!



103-105 Kearney Drive
Aspendale Gardens.



9587 5955



enquiries@agcsinc.org.au



www.agcsinc.org.au



facebook.com/AGCSinc

TERM 1, 2024 DATES



**Monday 29 January
to Thursday 28 March**

Office Hours

Mondays 9.00am - 1.00pm

Tuesdays 9.00am - 2.00pm

Wednesday, Thursday, Friday
9.00am - 3.00pm

AGCS would like to acknowledge the Traditional Custodians of the land on which we operate, the Bunurong people of the Kulin nation, and pay our respects to their Elders past and present.

KIDS ACTIVITIES: QUICK VIEW

Playgroup

Tuesdays & Thursdays
9.30am - 11.00am
Starting 30 January

Messy Play

Fridays
10.00am - 11.00am
Starting 2 February

Storytime & Craft

Wednesday 28th Feb
10.30am - 11.15am

Giants Basketball

Various
after school times

Junior Giants

Thursdays
4.00pm - 4.45pm
Starting 1 February

Karate

Wednesday
6.30 pm - 7.30pm
Saturday
2.30pm - 3.30pm
Starting 31 January

ADULTS ACTIVITIES: QUICK VIEW

Knit One Give One

Tuesdays
12.30pm - 2.00pm

Zumba

Thursdays
7.00pm - 7.45pm
Starting 1 February

Watercolour Wonders

Tuesdays*
6.30pm - 8.30pm
Starting 27 January

Karate

Wednesday
6.30 pm - 7.30pm
Saturday
2.30pm - 3.30pm
Starting 31 January

First Aid

Tuesday 19th March
6.00pm onwards

Biggest Play Date

Sunday 17th March
10.00am to 3.00pm

Art Adventures

Wednesdays
10.00am or 6.30pm
Starting 7 February

*Select dates. See below.

Visit our website:



Visit our Facebook:





ARTS & CRAFTS

Lee Cummins, our art teacher, is an expressionist artist, working with acrylics, mixed media & inspiration from the Australian landscape.

All art booking links:





WATERCOLOUR WONDERS

Tuesdays 6.30pm - 8.30pm
From 27 February - 19 March
\$120 / 4 sessions
Ages 18+ years old

Watercolour painting is renowned for its expressive and ethereal qualities. In this course, participants will learn essential watercolour & gouache techniques and use them to paint landscapes, still life, and painters' choice.

All materials provided.



ARTISTIC ADVENTURES

Wednesdays 10.00am - 12.00pm
OR 6.30pm - 8.30pm
From 7 February - 13 March
\$155 / 6 sessions
Ages 18+ years old

Unleash your creative self! In this class you'll explore many different kinds of artistic mediums & techniques to broaden your artistic horizons. Learn to sketch with graphite and charcoal, paint with watercolour and acrylic.

All materials provided.



KOGO

Tuesday 12.30pm - 2.00pm

FREE

All ages

Meet new friends while spreading warmth to those in need! Knit One Give One (KOGO) work as a group to distribute their knitted and crocheted work to homeless and disadvantaged communities. You can knit/crochet items of clothing, beanies, scarves, toys or simple squares.



DONATIONS: If you any have 8ply acrylic/wool blend yarn, please donate it for KOGO at our centre!

Things you can knit/crochet...

Teddy bears



Beanies, jumpers, and scarves

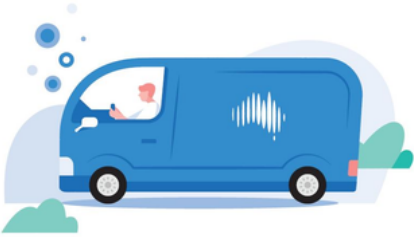


Simple squares!



ONE-OFF EVENTS

Hearing Australia
is coming to you



FREE HEARING CHECK

Tuesday 6th February
1.00pm - 3.00pm

Hearing Australia will be providing free hearing checks! Proudly sponsored by Bendigo Bank.



FIRST AID

Tuesday 19 March
6.00pm onwards

A nationally recognised and fully accredited training course with Provide First Aid. CPR HLTAID009 only or Provide First Aid CPR & HLTAID011. Book on website.



BIGGEST PLAYDATE

Sunday 17 March
10.00am - 3.00pm

A fun-filled carnival day for families to enjoy! Plenty of fun including rides, performers, activities and food. Run with the Miranda Foundation, all proceeds go directly to the Monash Children's Cancer Centre.

ADULTS & KIDS FITNESS

KARATE

Wednesday 6.30pm - 7.30pm

Saturday 2.30pm - 3.30pm

Training - \$135.00 (pro rata)

JKA Insurance: \$65.00 per annum payable to JKA

Ages 6 - 65 years old

First Session - 31 January

The Japanese Karate Association (JKA) prides itself on teaching 'true Karate' based on 'Bushido' (way of the Samurai) -- the development of body, mind and spirit. Come learn from a globally accredited instructor with over 30 years of experience.

ZUMBA

Thursday 7.00pm - 7.45pm

\$10 per session

First session -1 February

A fitness program that combines dance and fitness moves! Don't worry if you haven't danced in a long time or not danced at all - just let your hair down!!! Note: Classes can be done from a seated position.

Pay at Office.



Andrew is our fabulous Karate instructor (sensei) with over 30 years experience



Karate bookings:



LITTLE ONES & FAMILY

PLAYGROUP

Tuesday 9.30am - 11.00am
Thursday 9.30am - 11.00am
\$6 per session per family
Ages 6 months to 5 years
First session - 30 January

Playgroup is an ideal place for children to learn and develop through play. The fun involves playdough, drawing, water & sand play, storytelling -- and more! Parents/guardians required to stay.

No bookings required.



STORYTIME & CRAFT

Wednesday 10.30am - 11.15am
FREE
All ages
28 February AND 10 April

Enjoy stories, songs and movement with Kingston Libraries! Be inspired by books and authors to develop early literacy skills. Ideal for children aged 2-5. All children welcome.

No bookings required.





MESSY PLAY

Friday 10.00am - 11.00am
\$15 per session per child
or \$120 per term (per child)

Ages 1 to 5 years

First session - 2 February

Messy play or sensory play, is a process where children can engage all of their senses as they explore different materials. The play is open ended, and focused on process rather than end result. Messy play sessions provide children with an opportunity to be creative, to try new things and have a lot of fun! Parents / guardians required to stay.



Messy Play Bookings:



CHILDREN'S BASKETBALL

JUNIOR GIANTS

Thursday 4.00pm - 4.45pm

\$135 / 9 sessions

Ages 5 to 6 years old

First session - 1 February

A fantastic program for kids aged 5-6 years! Junior Giants is a Professional Basketball Skills Development program.



GIANTS BASKETBALL CLUB

Various after school times

The Aspendale Gardens Giants Basketball Club is an exciting club offering teams for boys and girls from under 8's to under 18's! The club includes training throughout the week and competitions in partnership with the Southern Basketball Association,



DROP OFFS & DONATIONS



HELP NEEDED: If you any have 8ply acrylic/wool blend yarn, please donate it for KOGO at our centre!



Container Deposit Scheme

We are a donation point for the 10c Refund Scheme!

Download the app & count your containers before you come in. Please note we only accept up to 150 items.



Soft Plastics Bin

We are a soft plastics drop-off point for the City of Kingston! If you can scrunch the plastic into a ball, it is recyclable through special soft plastics recycle programs.



Nappy Collective

In Partnership with the Nappy Collective, we collect your leftover, unused disposable nappies across Australia and divert them to families in crisis.



Children's Books

We're a collection point for 123Read2Me, who give free, unwanted and donated books to the Aussie kids who need them.



VENUE HIRE

We have a range of rooms and spaces available for casual and permanent venue hire!

The spaces available for hire include our hall, meeting rooms, kitchen & outdoor garden,

For more information visit:



OTHER ACTIVITIES AT AGCS



Charlesworth Walsh Dance Centre

Monique - 0431 328 515
www.cwdance.com.au



Playball

0420 277 217
victor.rondi77@gmail.com



Bumble Bee Baby & Children's Market

www.thebumblebees.com.au
info@thebumblebees.com.au



O'Grady Drama

0460 861 723
www.ogradydrama.com.au



Back in motion

9580 1985 aspendalegardens@backinmotion.com.au



Netball

0419 881 615
gilldavies1973@hotmail.com



Gymbaroo

9515 0496
nikki.copp@gymbaroo.com.au



By the bay kinesiology

0411 411 833



STEMBirds

0469 084 649
learn@stembirds.com.au



Youth Cove

9587 0869 or 1300 369 436
ayc@kingston.vic.gov.au or
youth.services@kingston.vic.gov.au

OUR SPONSORS

We'd like to thank our 2024 sponsors for their support of our Centre and Giants Basketball Team.

Funders



Key Sponsors



Other Sponsors

